## "To Search or Not to Search...That is the Question"

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## Purpose of Workshop

- How often have you heard, "When I get out of care I'm going to go find my family, and there is nothing you can do to stop me"?
- To assist caseworkers, therapists, and other professionals in gaining skills and resources to enable a client to appropriately handle a search and contact for their biological family.

Misconceptions...Searches are for People Only

NO!

wrong-!

## Reasons to Search



- Obtain Information
- For Contact

#### Information That Can Be Obtained

- Medical History
- Information about the "whys" of your adoption plan
- Information about your birth family





# What is a Non-Identifying Information Report?

- It is a report that contains vital family and medical history.
- It also discusses why your adoption plan was made.





### Non-Identifying Information Report

- Information about self and birth family
- Medical information
- Pieces of the Puzzle of Adoptee's Life



### How to Get Information

- Contact the agency that handled your adoption plan and request your Non-Identifying Information Background Summary
- Obtain original birth certificate from the Bureau of Vital Statistics





#### Reasons to Search



- •Obtain Information
- For Contact

## Why Consider Contact?

- To gather more information.
- To meet birth parents.



## General Guidelines for Searching





- TV and "The Locator" do not portray reality
   Have realistic boundaries and expectations.

## Guidelines for an Adult Adoptee Wanting to Search





- Use a mediator!!
- Go to a face-to-face support group

### Guidelines for a Birth Parent Wanting to Search

- Use a mediator or counselor to discuss what your expectations of what the relationship with your child will he like
- Keep files updated!!







## Why Use a Mediator?





## Resources for both Birthparents and Adult Adoptees

Counseling





CHILDREN'S AID SOCIETY

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#### Resources for both Birthparents and Adult Adoptees

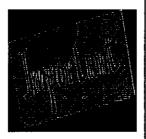


**CHILDREN'S AID** SOCIETY

- Support Groups
   CAS offers a support group to birth parents and adult adoptees. Contact Audrey at 205-943-5343

## 3 Things to Tell Adult Adoptees and Birth Parents

- Always start with the agency that handled your adoption plan.
- Birth Parents- Update files often with contact information and medical information
- Use a mediator!



## **Questions and Comments**





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